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Essex Partnership University
NHS Foundation Trust

7 March 2019

Trust Head Office

Chair's Office
The Lodge
Lodge Approach
Wickford
Essex SS11 7XX

Tel: 0800 0232059
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Dear Colleague

Chair: Professor Sheila Salmon
Chief Executive: Sally Morris

Your Voice: Essex Partnership University Trust - Public Meetings in Essex

I am writing to invite you and your colleagues to our public, open house meetings in Essex this Spring. (Meetings detailed overleaf) Our meetings are a great opportunity to hear about the latest news and developments in the health service in your area.

At this meeting our discussion topic is 'Coping with depression and anxiety – mental health crisis, how can we help you?' You will have the opportunity to hear from a local psychiatrist and psychologist who will discuss diagnosis, interventions, the range of treatments available and what is involved for a patient.

There will be the opportunity to:

- speak directly to myself or my Deputy, Chief Executive, Directors, Senior Managers and Governors
- hear about our future plans
- ask questions at the informal Q&A session.

I would be grateful if you could display the enclosed poster on your public notice board. If you would like an electronic copy for circulating, please email: epunft.membership@nhs.net

Please encourage your friends, colleagues and family to come along to what promises to be an interesting and informative event. Please contact the Trust Secretary's Office on free phone: 0800 023 2059 or email: epunft.membership@nhs.net to confirm attendance.

Thank you for supporting EPUT and I look forward to meeting you soon.

Yours sincerely

Professor Sheila Salmon
Chair

Meeting	Date	Venue
Southend	Monday 25 March 2019 at 14:00	The Forum Elmer Square Elmer Avenue Southend-on-Sea SS1 1NE Light refreshments will be served 15 minutes prior to the start of the meeting.
Saffron Walden	Thursday 28 March at 14:00	Committee Room Saffron Walden Town Hall Market Place Saffron Walden CB10 1HR Light refreshments will be served 15 minutes prior to the start of the meeting.
Chelmsford	Tuesday 2 April at 10:00	Central Baptist Church Victoria Road South Chelmsford CM1 1LN Light refreshments will be served 15 minutes prior to the start of the meeting.
Colchester	Wednesdays 10 April at 14:00	Colchester Town Hall High St, Colchester CO1 1PJ Light refreshments will be served 15 minutes prior to the start of the meeting.
Thurrock	Wednesday 17 April at 14:00	The Beehive Community Resource Centre West Street Grays RM17 6XP Light refreshments will be served 15 minutes prior to the start of the meeting.